## Handout 5

## Resources

David Corbett, Portfolio Life: The New Path to Work, Purpose, and Passion After 50. CA: Jossey Bass, 2006.

Marc Freedman, *The Big Shift: Navigating the New Stage Beyond Midlife.* Public Affairs, 2011.

Marc Freedman, *Encore: finding Work that Matters in the Second half of Life.* Public Affairs, 2008.

John E. Nelson and Richard N. Bolles, What *Color is Your Parachute? For Retirement: Planning a Prosperous, Health and Happy Future.* Berkeley, CA: Ten Speed Press, 2010.

Martin Seligman. *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment.* Free Press, 2004.

Eric Sundstrom, Randy Burnham, and Michael Burnham, *My Next Phase: The Personality Based Guide to Your Best Retirement.* New York: Springboard Press, 2007.

The Transition Network and Gail Bentch, *Smart Women Don't Retire – They Break Free*. New York: Springboard Press, 2008.

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VIA Strengths Assessment <a href="http://www.Viacharacter.org">http://www.Viacharacter.org</a>

AARP <a href="http://www.aarp.org">http://www.aarp.org</a>

Encore Careers and Civic Ventures <a href="http://encore.org">http://encore.org</a>

The Transition Network <a href="http://thetransitionnetwork.org">http://thetransitionnetwork.org</a>

Catalyst <a href="http://catalyst.org">http://catalyst.org</a>

Center for Women's Business Research http://www.nfwbo.org

Count Me In <a href="http://www.count-me-in.org">http://www.count-me-in.org</a>

My Next Phase <a href="http://www.mynextphase.com">http://www.mynextphase.com</a>

Retirement or What Next? <a href="http://www.retirementorwhatnext">http://www.retirementorwhatnext</a>.com

SeniorNet <a href="http://www.seniornet.org">http://www.seniornet.org</a>

Women@WorkNetwork
http://womenaworknetwork.com

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